



Suite 4, Helm Bank  
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### **DIRECTIONS TO THE HELM BANK, KENDAL CLINIC:**

Suite 4, Helm Bank, A65 Burton Road, Kendal, LA9 7PS

T. 01539 234180

E. [info@lakelandhearing.co.uk](mailto:info@lakelandhearing.co.uk)

**PLEASE NOTE: THE ENTRANCE TO HELM BANK IS ON THE A65 BURTON ROAD – DO NOT TURN DOWN HELM LANE.  
Do not follow your SatNav as it will take you into Natland.**

There is Visitor Parking on the left.

#### **Directions from Kendal:**

- Come through Kendal and go past the Westmorland General Hospital.
- Continue along the A65, Burton Road.
- Go past Oxenholme and the Texaco garage on the left.
- Do **not** turn right down Helm Lane, but slow down!
- The entrance to Helm Bank is on the **right** just *after* the Helm Lane turning and immediately after the signpost to Natland on the right.
- There are 'Helm Bank' signs cut into the stone at the entrance to the drive.
- The front door is the smaller green door to the left of the building.

#### **Directions from the M6 junction 36 via Crooklands:**

- Take the 3<sup>rd</sup> exit for Skipton/Kirkby Lonsdale.
- At the mini roundabout, take the 1<sup>st</sup> exit for the A65 to Endmoor/Crooklands.
- Follow the road for approx. 3.5 miles, going past the *Punch Bowl* pub at Barrows Green on the left.
- About ¼ mile after the pub, the entrance to Helm Bank is on the **left**, just *after* a small 50mph repeater sign and immediately *before* the signpost to Natland on the left.
- Slow down, as the drive is easily missed!
- There are 'Helm Bank' signs cut into the stone at the entrance to the drive. (If you go past Helm Lane – the turning for Natland – you've gone too far)
- The front door is the smaller green door to the left of the building.

#### **Directions from the M6, junction 37 A684/Sedbergh:**

- Take the A684 to Kendal.
- Turn left on a sharp hairpin bend onto Hayclose Lane to Oxenholme.
- At the Station Inn, turn right onto the B6254.
- Turn left onto Helmside Road (through Oxenholme village)
- Turn left onto the A65, Burton Road.
- Go past the small Texaco garage on the left.
- Do **not** turn right down Helm Lane, but slow down!
- The entrance to Helm Bank is on the **right** just *after* the Helm Lane turning and immediately after the signpost to Natland on the right.
- There are 'Helm Bank' signs cut into the stone at the entrance to the drive.
- The front door is the smaller green door to the left of the building.



Clinics held in Kendal & Lancaster

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